**REGISTERED CHARITY NUMBER: 1002114** 

Report of the Trustees and
Unaudited Financial Statements for the Year Ended
31 December 2012
for

The British Society for Neuroendocrinology

HSKS Greenhalgh Chartered Accountants 3rd Floor Butt Dyke House 33 Park Row Nottingham NG1 6EE

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# Report of the Trustees for the Year Ended 31 December 2012

The trustees present their report with the financial statements of the charity for the year ended 31 December 2012. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

# REFERENCE AND ADMINISTRATIVE DETAILS Registered Charity number

1002114

#### **Principal address**

Division of Women's Health School of Medicine, Kings College London 2.92W, Hodgkin Building Guy's Campus London SE1 1UL

#### **Trustees**

Prof. S Lightman Prof. J Herbert Prof. J Russell

### Independent examiner

Philip A Handley FCA HSKS Greenhalgh Chartered Accountants 3rd Floor Butt Dyke House 33 Park Row Nottingham NG1 6EE

### STRUCTURE, GOVERNANCE AND MANAGEMENT

### **Governing document**

The charity is controlled by its governing document, a deed of trust adopted in 1989, and constitutes an unincorporated charity.

### Recruitment and appointment of new trustees

In accordance with the governing document, there must be a minimum of 3 and a maximum of 7 trustees at any one time. Any new appointments are made by resolution of the Steering Committee.

#### Induction and training of new trustees

All new trustees are given, in the view of the trustees, sufficient training and have enough knowledge of their specific field to understand the nature of the charity and fully comply with the charities current views of its progression. They are required to participate in training to ensure that they are aware of both their legal and professional responsibilities under charity law.

#### Organisational structure

The Board of Trustees oversee the Steering Committee, being a committee of members, who are in charge of the day to day running of the charity.

The Steering Committee is composed of a Chair, General Secretary, Treasurer, Meetings Secretary, Membership Secretary, Journal Secretary, Outreach Officer and Grants Panel Co-ordinator. The Steering Committee is responsible for the business of the charity, but may form sub-committees where appropriate to oversee separate functions of the organisation. All sub-committees report back to the Steering Committee.

#### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The day to day risk management is performed by the Steering Committee.

# Report of the Trustees for the Year Ended 31 December 2012

# OBJECTIVES AND ACTIVITIES Objectives and aims

The object of the charity is to improve communication between all who are engaged in research in Neuroendocrinology. Neuroendocrinology is the study of the interplay between the endocrine and nervous systems that control essential body processes, including growth, reproduction, food intake, metabolism, body temperature regulation and sleep. The ultimate aim of this research is to provide therapies for the many neuroendocrine diseases and disorders, and to bring forward methods to regulate beneficially normal neuroendocrine function in man and animals. This is achieved by:

- an annual conference for members to share knowledge and ideas, techniques and experimental methodologies, and to promote research collaborations between members;
- the production of a monthly Journal of Neuroendocrinology which communicates original research and reviews of all aspects of neuroendocrine research to the scientific and medical communities;
- support for members with travel grants to attend national and international conferences, workshops and training courses;
- support for members with subsistence grants to visit and work in other laboratories in the UK and overseas;
- support for members with grants to enable undergraduate university students to carry out research in their laboratories during the summer vacation;
- support for members with grants to enable foreign researchers to visit their research groups;
- support for members to organise symposia or conferences which contain a significant neuroendocrine content;
- membership of the Society of Biology and participation in its programmes to enhance public understanding of science and to inform the national curriculum on the teaching of biology in schools, and:
- membership of the International Neuroendocrine Federation which promotes world-wide communication between researchers in neuroendocrinology.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

### Significant activities

During the year the charity held its annual Meeting at the University of Aberdeen from 8-10th July. This meeting featured symposia addressing the themes of Thyroid/nutrient sensing, Energy Balance and Rhythms/clocks and attracted about 85 delegates. The BSN Annual award lecture was given by Prof Megan Holmes "Glucocorticoids, their metabolizing enzymes and behaviour: From foetus to old age" and the Mick Harbuz lecture was given by Dr Jyothis George, "In Vivo studies reveal hierarchical roles for kisspeptin, neurokiniin B and Gonadotrophin inhibiting hormone in neuroendocrine regulation of reproduction in the human". The Mortyn Jones Lecture was given by Prof Fran Ebling "Seasonal rhythmicity in neuroendocrine function: delving into the black box". The meeting attracted over 70 short communications (oral and posters). The AGM of the Society was also held at this meeting on Monday 9th July.

The Journal has had another successful year under the continuing guidance of Editor-in-Chief (EIC), Professor Dave Grattan (University of Otago), as Prof Grattan indicated that he will step down as EIC on the 1st January 2014, the society was tasked with the recruitment of a new EIC. This was achieved in November 2012 and Prof Julian Mercer has agreed to become the new EIC in 2014. The journal continues to be managed and published by Wiley-Blackwell and continues to be the major source of income for the Society.

To communicate the importance of neuroendocrinology in the public domain, and further inform the public on topical neuroendocrine issues, the society continues to publish lay articles (Neuroendocrine Briefings) explaining neuroendocrine mechanisms underlying key clinical conditions (http://www.neuroendo.org.uk/content/category/1/4/11/). During the last 12-18 months the Society has redeveloped the website with the aim of both maintaining functionality for the society but also to be an informative source of information for the general public.

# Report of the Trustees for the Year Ended 31 December 2012

# OBJECTIVES AND ACTIVITIES GRANTMAKING

During the year the charity awarded grants totalling £67,337 (2011: £53,364), to its members, in the form of grants for International conference travel, Research visits, Undergraduate student laboratory experience, Student travel and Project Support and supported conferences and symposia that further neuroendocrine research as detailed below.

### Annual Conference (£13,809)

As outlined above the BSN subsidises The Annual conference of the British Society for Neuroendocrinology, to disseminate scientific information to the Neuroendocrine community.

#### **BSN Student travel grant (£271)**

To help support students attending the Annual Conference travel grants are awarded. This year we supported 4 students to travel to Aberdeen.

#### Symposium Support (£4,045)

We supported 3 conferences and local meetings by sponsoring Neuroendocrine symposia. Some of the support we provided in this scheme was to symposia that were selected specifically by the Journal of Neuroendocrinology.

#### International Conference Travel Support (£13,827)

Grants were awarded to 28 members to enable them to go to international neuroendocrine conferences. Reports of many of the conferences were included in the BSN newsletter that was circulated to all members.

#### Research Visit Grant (£18.889)

9 Members received grants to pursue new avenues or research and/or learn new techniques by travelling to and working in another laboratory. This year the amount of money allocated to these schemes was substantially increased to enable fuller coverage of consumable costs as required and to assist members in their research.

#### Undergraduate student laboratory experience (£7,858)

7 awards, approximately half of the money is a bursary for the undergraduate student and half is money for laboratory consumables for the project.

#### Student Project Support Grants (£26,492)

This relatively new scheme which aims to provide support for consumable/ other research costs to enable postdoctoral scientists or students to carry out the best possible neuroendocrine research supported 7 grants.

### **ACHIEVEMENT AND PERFORMANCE**

#### Charitable activities

The charity earned royalties from the Journal of Neuroendocrinology of £163,526 (2011: £154,476), which support the main objectives of the charity. This has enabled the charity to maintain the running costs of producing the journal, support the costs of its annual meeting, and award grants.

#### **Fundraising activities**

No direct fundraising activities have taken place in the year as the charity is reliant on member subscriptions and royalties to generate income to meet its objectives.

#### **FINANCIAL REVIEW**

# **Reserves policy**

It is the charity's policy that unrestricted funds not presently committed or invested in tangible fixed assets should be maintained at the equivalent of 24 months expenditure in order for the charity to continue pursuing its activities should there be a period of reduced income.

#### **Principal funding sources**

The main income generators of the charity continue to be royalties from the Journal of Neuroendocrinology and member subscriptions.

# Report of the Trustees for the Year Ended 31 December 2012

### **FINANCIAL REVIEW**

# Investment policy and objectives

Excess cash not required for immediate charity use to meet its objectives is invested in cash deposit accounts to minimise risk of loss to the charity while trying to achieve the best return available.

### **FUTURE DEVELOPMENTS**

The Trustees and Steering Committee initiated new grants schemes during 2011-2012 and are therefore watching the progress of these schemes prior to development of new initiatives. During 2012 the eligibility criteria for the project support grant were altered to widen the potential applicant pool.

ON BEHALF OF THE BOARD:
Prof. J Herbert - Trustee
Date:

### Independent Examiner's Report to the Trustees of The British Society for Neuroendocrinology

I report on the accounts for the year ended 31 December 2012 set out on pages six to eleven.

#### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

### Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

#### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Philip A Handley FCA HSKS Greenhalgh Chartered Accountants 3rd Floor Butt Dyke House 33 Park Row Nottingham NG1 6EE

Date:			
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# Statement of Financial Activities for the Year Ended 31 December 2012

		2012	2011
		Unrestricted	Total
		funds	funds
	Notes	£	£
INCOMING RESOURCES			
Incoming resources from generated			
funds			
Voluntary income	2	12,395	5,341
Activities for generating funds	3	176,897	154,476
Investment income	4	270	1,999
Total incoming resources		189,562	161,816
Total mooning resources		100,002	101,010
RESOURCES EXPENDED			
Charitable activities	5		
Grants to individuals	3	67,337	53,365
Annual conference		17,854	53,668
Publication costs		54,625	44,585
Governance costs	8	5,623	3,838
Other resources expended	o .	21,975	4,779
Office resources expended			
Total resources expended		167,414	160,235
NET INCOMING RESOURCES		22,148	1,581
		22,110	1,001
RECONCILIATION OF FUNDS			
Total funds brought forward		467,699	466,118
<del>-</del>			
TOTAL FUNDS CARRIED FORWARD		489,847	467,699
		<u></u>	

# Balance Sheet At 31 December 2012

	Notes	2012 Unrestricted funds £	2011 Total funds £
CURRENT ASSETS Prepayments and accrued income Cash at bank	10	83,795 425,161	84,476 385,827
		508,956	470,303
CREDITORS Amounts falling due within one year	11	(19,109)	(2,604)
NET CURRENT ASSETS		489,847	467,699
TOTAL ASSETS LESS CURRENT			
LIABILITIES		489,847	467,699
NET ASSETS		489,847	467,699
FUNDO	40		
FUNDS Unrestricted funds	12	489,847	467,699
TOTAL FUNDS		489,847	467,699
The financial statements were approved signed on its behalf by:	by the Board of Trustees	on	and were

The notes form part of these financial statements

Prof. J Herbert -Trustee

# Notes to the Financial Statements for the Year Ended 31 December 2012

#### 1. ACCOUNTING POLICIES

#### **Accounting convention**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

#### Exemption from preparing a cash flow statement

Exemption has been taken from preparing a cash flow statement on the grounds that the charity qualifies as a small charity.

#### Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Member subscriptions are recognised as income on the Statement of Financial Activities in the period of receipt. Subscriptions are not refundable.

Royalties receivable for the publication of the journal are recognised as income on the Statement of Financial Activities. Royalty income is therefore accrued where royalties have yet to be received.

#### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

#### **Taxation**

The charity is exempt from tax on its charitable activities.

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### Prepayments and accrued income

Prepayments represent costs incurred in the current financial period where there will be future benefit to the charity in the next financial period and an appropriate apportionment of the cost can be reasonably calculated.

Accrued income is an appropriate provision of royalty income for the publication of journals and leaflets being received after the financial year end but relating to publications released before the financial year end.

#### 2. VOLUNTARY INCOME

	2012	2011
	£	£
Subscriptions	12,395	5,341

# Notes to the Financial Statements - continued for the Year Ended 31 December 2012

# 3. ACTIVITIES FOR GENERATING FUNDS

	Royalties Annual conference income		<b>2012 £</b> 163,526 13,371	2011 £ 154,476
			176,897	154,476
4.	INVESTMENT INCOME			
	Deposit account interest		2012 £ 270	2011 £ 1,999
5.	CHARITABLE ACTIVITIES COSTS			
	Di	rect costs	Grant funding of activities (See note 6)	Totals
	Annual conference Publication costs Grants to individuals	£ 17,854 54,625	£ - - 67,337	£ 17,854 54,625 67,337
		72,479	67,337	139,816
6.	GRANTS PAYABLE			
	Grants to individuals		2012 £ 67,337	2011 £ 53,365
	The total grants paid to individuals during the year was as follows:	ows:	2012	2011
	Grants for supporting travel costs, laboratory work and summe school	er	£ 67,337	£ 53,365
7.	SUPPORT COSTS			
	Ма	nagement £	Information technology £	Totals £
	Other resources expended	2,606	19,369	21,975

# Notes to the Financial Statements - continued for the Year Ended 31 December 2012

#### 8. GOVERNANCE COSTS

	2012 £	2011 £
Accountancy	1,680	1,620
Subscriptions	380	402
	3,563	1,816
	5,623	3,838

#### 9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2012 nor for the year ended 31 December 2011 .

### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2012 nor for the year ended 31 December 2011.

### 10. CASH AT BANK

	2012 Total funds £	2011 Total funds £
Bank of Scotland Nationwide Building Society CAF Bank Yorkshire Building Society	284,316 40,088 50,301 50,456	245,253 40,084 50,210 50,280
Total	425,161	385,827

#### 11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2012 £	2011 £
Other creditors	19,109	2,604

#### 12. MOVEMENT IN FUNDS

	Net movement		
	At 1/1/12 £	in funds £	At 31/12/12 £
Unrestricted funds General fund	467,699	22,148	489,847
TOTAL FUNDS	467,699	22,148	489,847

# Notes to the Financial Statements - continued for the Year Ended 31 December 2012

### 12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund	189,562	(167,414)	22,148
TOTAL FUNDS	189,562	(167,414)	22,148

# 13. CONTROLLING PARTY

The charity is under the joint control of the trustees listed on page 1 of the financial statements.

# Detailed Statement of Financial Activities for the Year Ended 31 December 2012

	2012 £	2011 £
INCOMING RESOURCES		
Voluntary income Subscriptions	12,395	5,341
Activities for generating funds Royalties Annual conference income	163,526 13,371	154,476 -
	176,897	154,476
Investment income Deposit account interest	270	1,999
Total incoming resources	189,562	161,816
RESOURCES EXPENDED		
Charitable activities Conference sponsorship Annual conference costs Journal production costs Journal office costs Neuroendocrinology briefings Grants to individuals	4,045 13,809 17,092 35,404 2,129 67,337	14,094 39,574 9,754 32,502 2,329 53,365
Governance costs Accountancy Subscriptions Committee meeting expenses	139,816 1,680 380 3,563 5,623	151,618 1,620 402 1,816 3,838
Support costs Management Office expenses Information technology Website administration  Total resources expended	2,606 19,369 167,414	298 4,481 160,235
Net income	22,148	1,581